



## **RUN A ONLINE FOOD DRIVE AND HELP FEED LONG ISLANDERS IN NEED**

### **HOW TO: RUN AN ONLINE FOOD DRIVE**

1. **Select dates to begin and end your food drive.** We recommend running a drive for at least 2 weeks.
2. **Submit information about your food drive to #GiveHealthy [via this form](#).** You will hear from a #GiveHealthy representative within 1-3 business days, and receive a customized link to your food drive page.
3. **Get the word out.** Share the customized link for your food drive page with your participants through email, social media, or newsletters. Participants will be able to select food items to purchase directly through your page.
4. **Send reminders.** Send periodic updates on progress and reminders to donate. We recommend one kick-off message, one mid-way through the drive, and one when you're in the final stretch.



### **WHAT HAPPENS NEXT?**

Once your online fresh food drive ends, the accumulated produce is delivered directly to The INN through #GiveHealthy - AT ZERO COST.

## IMPORTANT THINGS TO KNOW

We ask that all donations for a #GiveHealthy fresh food drive be ready and able to enjoy when guests receive it from our soup kitchen. Meaning it does not need to be cooked or need a tool to open/consume.

**Here is a list of some acceptable Fruits and Vegetables:**

	
<ul style="list-style-type: none"><li>• Bananas</li><li>• Apples</li><li>• Oranges</li><li>• Mangos</li><li>• Berries</li><li>• Pears</li><li>• Plums</li><li>• Kiwi</li><li>• Watermelon</li><li>• Avocados</li><li>• Tomatoes</li><li>• Citrus Fruits</li><li>• Apricots</li><li>• Grapes</li></ul>	<ul style="list-style-type: none"><li>• Carrots</li><li>• Broccoli</li><li>• Cauliflower</li><li>• Beetroot</li><li>• Spinach</li><li>• Cabbage</li><li>• Radish</li><li>• Asparagus</li><li>• Potatoes</li><li>• Snap Peas</li><li>• Onions</li><li>• Cucumbers</li><li>• Arugula</li><li>• Bell Peppers</li><li>• Celery</li></ul>

If you need more assistance please email [info@the-inn.org](mailto:info@the-inn.org) or call (516) 486-8506.

